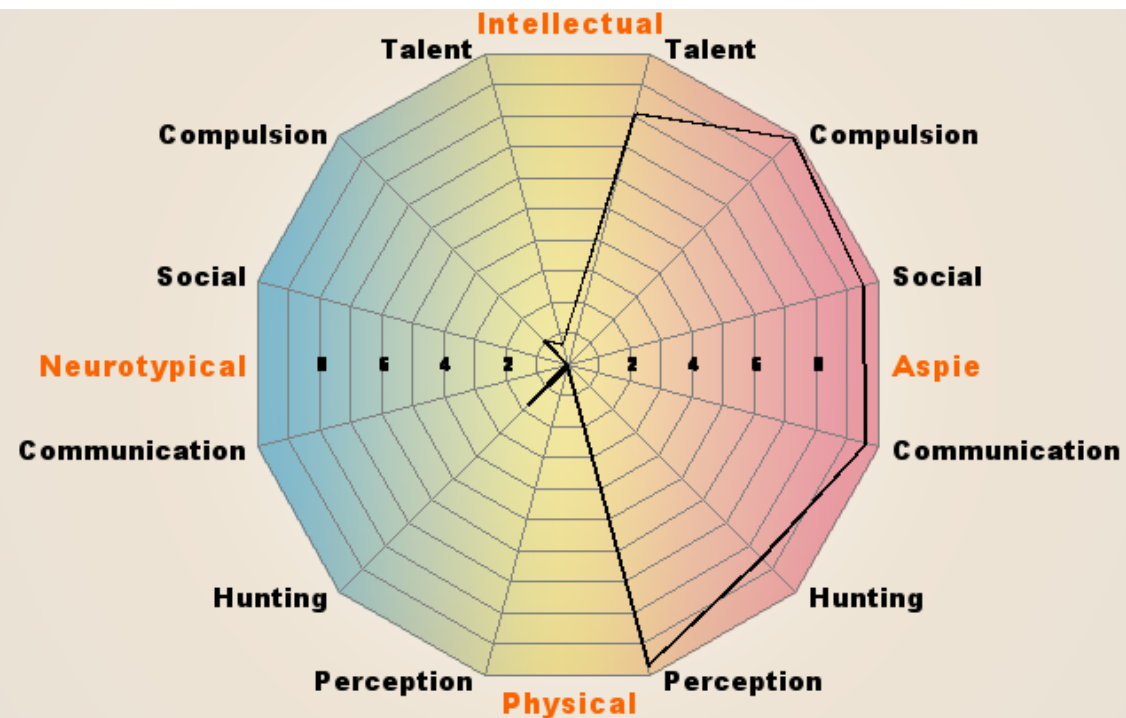


Aspie-quiz

Your Aspie score: 189 of 200

Your neurotypical (non-autistic) score: 10 of 200

You are very likely an Aspie



Aspie-quiz

Aspie talent

This group contains intellectually related Aspie traits. Typical traits are related to interests (e.g. having strong interests; hyper focusing; having periods of contemplation; collecting information; good long term memory related to interests; figuring out how things work; making connections between things; strong-willed; stubborn). Other traits are related to information processing (e.g. noticing details; finding patterns; unusual imagination; solving problems in unusual ways; unique ideas). Some people have special talents (e.g. numbers; language; computers; music).

Diagnostic relation

None, but a high score is related to giftedness.

Your group score: 8.1 of 10 (above average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
1	Do you tend to get so absorbed by your special interests that you forget or ignore everything else?	2	2.13	0.00
2	Do you or others think that you have unconventional ways of solving problems?	2	1.92	0.00
3	As a child, was your play more directed towards, for example, sorting, building, investigating or taking things apart than towards social games with other kids?	2	1.92	0.00
4	Do you have an avid perseverance in gathering and cataloguing information on a topic of interest?	2	1.28	0.00
5	Do you need periods of contemplation?	2	2.13	0.00
6	Do you notice patterns in things all the time?	1	1.06	0.00
7	Do you feel an urge to correct people with accurate facts, numbers, spelling, grammar etc., when they get something wrong?	2	2.34	0.00
8	Do you have one special talent which you have emphasised and worked on?	0	0.00	0.57
9	Do you tend to notice details that others do not?	1	0.53	0.00
			13 / 17	1 / 3

Aspie-quiz

Neurotypical talent

This group contains neurotypical intellectual talents. Often these are defined in terms of Aspie disabilities. Typical traits seem to be adaptations to cooperative living (e.g. giving and remembering verbal instructions; learning from others; describing events; summarizing events; taking notes; keeping track of several conversations; learning things on demand; learning by imitation). Other traits include multitasking and attention (e.g. doing several things at the same time; rapidly shifting focus; getting back to things quickly), getting a quick picture of one's environment (e.g. generalizing; getting the overall picture), remembering where things are, grasping abstract concepts and organizing daily life.

Diagnostic relation

No direct, but many diagnoses like ADD/ADHD seem to be related to a low score

Your group score: 0.7 of 10 (below average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
10	Do you get confused by several verbal instructions at the same time?	2	1.92	0.00
11	Do you have difficulty describing & summarising things for example events, conversations or something you've read?	2	1.49	0.00
12	Do you need to do things yourself in order to remember them?	2	2.13	0.00
13	If there is an interruption, can you quickly return to what you were doing before?	0	0.00	0.00
14	Do you find it very hard to learn things that you are not interested in?	2	2.34	0.00
15	Do you find it difficult to take notes in lectures?	2	1.49	0.00
16	Are you easily distracted?	1	1.06	0.00
17	Do you find it easy to do more than one thing at once?	0	0.00	0.00
			10 / 12	0 / 15

Aspie-quiz

Aspie compulsion

This group contains obsessive and compulsive Aspie traits. Typical of this group is a preference for sameness (e.g. routines; lists; schedules; sitting on the same seat; going to the same shop; wearing the same clothes; eating the same food; always doing things in the same way). Related traits include getting frustrated when interrupted and a need to prepare oneself before doing new things. Some people have strong attachments to objects and like to collect and organize things and may need precision or symmetry.

Diagnostic relation

A high score is related to Obsessive Compulsive Disorder (OCD).

Your group score: 10.0 of 10 (above average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
18	Does it feel vitally important to be left undisturbed when focusing on your special interests?	2	2.13	0.00
19	Before doing something or going somewhere, do you need to have a picture in your mind of what's going to happen so as to be able to prepare yourself mentally first?	2	1.92	0.00
20	Do you prefer to wear the same clothes or eat the same food many days in a row?	2	1.49	0.00
21	Do you become frustrated if an activity that is important to you gets interrupted?	2	2.77	0.00
22	Do you get frustrated if you can't sit on your favorite seat?	2	1.28	0.00
23	Do you have strong attachments to certain favorite objects?	2	1.92	0.00
24	Do you have certain routines which you need to follow?	?		
25	Do you find it disturbing or upsetting when others show up either later or sooner than agreed?	2	1.92	0.00
26	Do you need lists and schedules in order to get things done?	2	1.70	0.00
			15 / 15	0 / 8

Aspie-quiz

Neurotypical compulsion

This group contains socially related compulsive traits. Key traits are to enjoy social interaction (e.g. meeting people; involving others; games; crowds; large social networks; hosting events; being a leader; gossip; cheering). Other traits are related to social conformity (e.g. having views typical of peer group; preferring to socialize with others of the same age and gender; interest for fashions; wearing jewellery; wearing makeup; taking pride in ones appearance, style, image and identity; status seeking; climbing hierarchies).

Diagnostic relation

None.

Your group score: 1.0 of 10 (below average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
27	Do you often feel out-of-sync with others?	2	2.56	0.00
28	Do you enjoy team sports?	0	0.00	0.00
29	Are your views typical of your peer group?	?		
30	Do you naturally fit into the expected gender stereotypes?	0	0.00	0.00
31	Do you have an interest for the current fashions?	0	0.00	0.00
32	Do you enjoy gossip?	1	0.00	1.42
			3 / 3	1 / 16

Aspie-quiz

Aspie social

This group contain Aspie social traits. Important traits are a highly variable activity level with higher than normal motivation threshold. Other traits include atypical relationship & courtship preferences (partner obsessions; not giving up on relationships; preference for friends of the opposite gender) and sexual preferences. Unusual eating and sleeping patterns as well as having a hard time with authorities and social hierarchy are other traits.

Diagnostic relation

A high score is related to ADD/ADHD, Bipolar and ODD.

Your group score: 9.5 of 10 (above average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
33	Do you tend to say things that are considered socially inappropriate when you are tired, frustrated or when you act naturally?	2	1.92	0.00
34	Do you find it easier to understand and communicate with odd & unusual people than with ordinary people?	2	1.92	0.00
35	Is your sense of humor different from mainstream or considered odd?	?		
36	Do you or others think that you have unusual eating habits?	2	1.49	0.00
37	Do you have an alternative view of what is attractive in the opposite sex?	?		
38	Are you somewhat of a daydreamer, often lost in your own thoughts?	2	2.77	0.00
39	Do you tend to become obsessed with a potential partner and cannot let go of him/her?	2	1.49	0.00
40	Do you see your own activities as more important than other people's?	2	1.70	0.00
41	Do your feelings cycle regularly between hopelessness and extremely high confidence?	2	1.70	0.00
42	Do you have problems starting and / or finishing projects?	2	2.13	0.00
43	Do you have trouble with authority?	1	0.85	0.00
44	Do you have atypical or irregular sleeping patterns that deviate from the 24-h cycle?	2	1.49	0.00
45	Do you find the norms of hygiene too strict?	2	1.06	0.00
46	Do you sometimes lie awake at night because of too many thoughts?	2	1.92	0.00
47	Have you have had long-lasting urges to take revenge?	2	1.28	0.00
48	Do you have unusual sexual preferences?	?		
			22 / 23	0 / 5

Aspie-quiz

Neurotypical social

This group contains neurotypical social traits. The absence of the traits is often described as a dysfunction. Key traits are adaptations for living in changing social groups (e.g. smalltalk; social chitchat; shaking hands; saying 'hi', 'thank you' and 'sorry'). Related traits are adaptations for socializing with strangers (e.g. being comfortable with strangers; enjoying talking face-to-face with strangers; maintaining large social networks; easy to get to know; talking in public; enjoying uninvited guests). Other traits are related to friendships and relationships and expressing feelings in typical ways (e.g. making and maintaining friendships and relationships; looking at people you talk to; enjoying hugs and touch; being emotionally close to others; describing and talking about feelings) and cooperation with others (e.g. using others expertise; working while being observed).

Diagnostic relation

A low score is related to Social Phobia.

Your group score: 0.0 of 10 (below average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
49	Do you have a tendency to become stuck when asked questions in social situation?	2	1.70	0.00
50	Do you avoid talking face to face with someone you don't know very well?	2	1.70	0.00
51	Do you get very tired after socializing, and need to regenerate alone?	2	2.34	0.00
52	Do people think you are aloof and distant?	2	1.92	0.00
53	Do you find it hard to be emotionally close to other people?	2	1.92	0.00
54	Do you dislike being touched or hugged unless you're prepared or have asked for it?	2	1.70	0.00
55	Do you dislike shaking hands with strangers?	2	1.28	0.00
56	Are you naturally good at returning social courtesies and gestures?	0	0.00	0.00
57	Do you prefer to do things on your own even if you could use others' help or expertise?	2	2.34	0.00
58	Do you enjoy meeting new people?	0	0.00	0.00
59	Do you find yourself at ease in romantic situations?	0	0.00	0.00
60	Do you dislike it when people drop by to visit you uninvited?	2	1.92	0.00
61	Do you find it natural to wave or say 'hi' when you meet people?	0	0.00	0.00
62	Do you dislike working while being observed?	2	2.56	0.00
			19 / 19	0 / 29

Aspie-quiz

Aspie communication

This group contains communication related Aspie traits. Key traits in this group are related to atypical nonverbal communication (e.g. odd facial expressions; odd posture; odd prosody; being accused of staring; using unusual sounds in conversations; blinking or rolling eyes; clenching fists; grinding teeth; thrusting tongue; blushing). Related traits are stims (e.g. wringing hands; rubbing hands; twirling fingers; rocking; tapping eyes; pressing eyes; fiddling with things; pacing; flapping hands; biting self or others; chewing on things; picking scabs; peeling skin flakes; examining hair of others; singing). Tics are also here and are often confused with stims (e.g. stuttering; sniffing; snorting; coughing; echolalia; echopraxia). Other traits include general communication differences (e.g. not verbalizing thoughts; talking softly or loudly; turning words around; talking to oneself; odd pronunciation; not separating 'I', 'we' and 'you'). Some people also prefer to look a lot at people they like and not at all at people they dislike.

Diagnostic relation

A high score is sometimes related to Tourette, but the primary relation is with stimming and unusual communication.

Your group score: 9.6 of 10 (above average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
63	Do people comment on your unusual mannerisms and habits?	1	0.75	1.13
64	Do you often have lots of thoughts that you find hard to verbalize?	2	2.13	0.00
65	In conversations, do you need extra time to carefully think out your reply, so that there may be a pause before you answer?	2	1.70	0.00
66	Do you often don't know where to put your arms?	2	1.70	0.00
67	Have others commented or have you observed yourself that you make unusual facial expressions?	2	1.28	0.00
68	Do you tend to talk either too softly or too loudly?	2	1.70	0.00
69	Have you been accused of staring?	2	1.49	0.00
70	Have others told you that you have an odd posture or gait?	2	1.28	0.00
71	Do you wring your hands, rub your hands together or twirl your fingers?	2	1.49	0.00
72	Do you rock back-&-forth or side-to-side (e.g. for comfort, to calm yourself, when excited or overstimulated)?	2	1.06	0.00
73	In conversations, do you use small sounds that others don't seem to use?	1	0.53	1.13
74	Do recently heard tunes or rhythms tend to stick and replay themselves repeatedly in your head?	2	2.34	0.00
75	Do you tap your ears or press your eyes (e.g. when thinking, when stressed or distressed)?	1	0.53	0.85
76	Do you repeat vocalizations made by others?	2	1.06	0.00
77	Do you fiddle with things?	2	2.13	0.00
78	Do you pace (e.g. when thinking or anxious)?	2	1.49	0.00
79	Do you stutter when stressed?	?		
80	Do you tend to look a lot at people you like and little or not at all at people you dislike?	?		
81	Do you bite your lip, cheek or tongue (e.g. when thinking, when anxious or nervous)?	2	1.70	0.00
82	Do you feel an urge to peel flakes off yourself and / or others?	2	1.49	0.00
83	Do you talk to yourself?	2	2.13	0.00
84	Do you sometimes mix up pronouns and, for example, say "you" or "we" when you mean "me" or vice versa?	1	0.43	1.13
			28 / 31	4 / 28

Aspie-quiz

Neurotypical communication

This group contains typical nonverbal communication traits. A key trait is the ability to interpret and show typical nonverbal communication (e.g. facial expressions; body language; courtship; timing; reciprocity; turn-taking; prosody). The absence of these abilities lead to secondary problems (e.g. unaware of how to behave; unaware of boundaries; being misunderstood; missing hidden agendas; being unaware of others intentions; misinterpreting figures of speech, idioms and allegories; literal interpretation; not knowing when to apologize; saying inappropriate things; seemingly poor empathy).

Diagnostic relation

A low score is related to Autism Spectrum Conditions (ASC)

Your group score: 0.0 of 10 (below average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
85	Do you find it difficult to figure out how to behave in various situations?	2	1.92	0.00
86	Do you have problems with timing in conversations?	2	1.70	0.00
87	Do you tend to express your feelings in ways that may baffle others?	?		
88	Do others often misunderstand you?	2	2.34	0.00
89	Do you forget you are in a social situation when something gets your attention?	2	1.49	0.00
90	As a teenager, were you usually unaware of social rules & boundaries unless they were clearly spelled out?	2	1.49	0.00
91	Do people sometimes think you are smiling at the wrong occasion?	2	1.49	0.00
92	Do you tend to interpret things literally?	2	1.70	0.00
93	Do people often tell you that you keep going on and on about the same thing?	2	1.28	0.00
94	Are you often surprised what people's motives are ?	2	1.70	0.00
95	In a conversation, do you tend to focus on your own thoughts rather than on what your listener might be thinking?	2	2.13	0.00
96	Is it hard for you to see why some things upset people so much?	2	1.28	0.00
97	Do you instinctively know when it is your turn to speak when talking on the phone?	0	0.00	0.00
98	Do you know when you are expected to offer an apology?	0	0.00	0.00
99	Are you good at interpreting facial expressions?	0	0.00	0.00
100	Have you taken initiative only to find out it was not wanted?	2	1.70	0.00
101	Do you expect other people to know your thoughts, experiences and opinions without you having to tell them?	2	1.28	0.00
102	Do you find it easy to describe your feelings?	0	0.00	0.00
103	Do you have a monotonous voice?	2	1.06	0.00
104	Are you naturally so honest and sincere yourself that you assume everyone should be?	2	1.49	0.00
			24 / 24	0 / 49

Aspie-quiz

Aspie hunting

This group contains passive hunting traits. One part of the traits is related to preferred habitats (e.g. slowly flowing water; caves; woods; liking mist or fog). Another part seems to be close-contact hunting traits (e.g. jumping over things; climbing; chasing animals; biting; enjoying spinning in circles; strong grip; strong hands; physical endurance; enjoying rodeo riders). Some other traits are related to sneaking (e.g. sneaking through the woods; sneaking up on animals; walking on toes) and general hunting tactics (e.g. mimicking animal sounds; digging; throwing small things; building traps; fascination for fire; sniffing)

Diagnostic relation

None.

Your group score: 8.5 of 10 (above average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
105	Do you mistake noises for voices?	2	1.06	0.00
106	Do you enjoy watching a spinning or blinking object?	1	0.64	0.85
107	Do you have a fascination for slowly flowing water?	2	1.28	0.00
108	Do you sometimes have an urge to jump over things?	2	1.28	0.00
109	Do you enjoy mimicking animal sounds?	2	1.06	0.00
110	Are you or have you been hyperactive?	2	1.06	0.00
111	Do you enjoy walking on your toes?	1	0.43	0.57
112	Have you been fascinated about making traps?	2	0.85	0.00
			8 / 9	1 / 8

Aspie-quiz

Neurotypical hunting

The traits in this group are related to cooperative hunting. These traits are often described in terms of dysfunctions. Typical traits are recollections of environmental information (e.g. positions of things; scores in games; order of words, letters and digits; map reading) and passing on information to others (e.g. passing on messages; knowing left from right; dates and times of events; remembering appointments and events; reading clocks and calendars; carrying over information between contexts). Other traits are related to trading and exchange with others (e.g. calculating change from a purchase; knowing what to bring to appointments; remembering sequences of past events; remembering formulas; filling out forms).

Diagnostic relation

A low score is related to Dyslexia and Dyscalculia.

Your group score: 1.7 of 10 (below average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
113	Do you find it difficult to take messages on the telephone and pass them on correctly?	2	1.28	0.00
114	Do you drop things when your attention is on other things?	1	0.75	0.85
115	Do you have problems filling out forms?	2	1.06	0.00
116	Do you find it hard to recognise phone numbers when said in a different way?	2	1.49	0.00
117	Do you mix up digits in numbers like 95 and 59?	1	0.53	0.28
118	Do you have trouble reading clocks?	1	0.43	0.85
			6 / 7	2 / 10

Aspie-quiz

Aspie perception

This group contains perception-related Aspie traits. These traits commonly become disabilities, but their core seems to be more sensitive senses (e.g. touch; sound; tactile; smell; taste; light and glare; humidity; changes in air pressure; wind; heat; electromagnetic fields) or less sensitive senses (e.g. pain). Related to this are instinctual reactions to sensory information (e.g. being distracted by sounds; being afraid of motor-bikes; being afraid of floods or fast running streams; disliking stomping). Other traits are difficulty filtering out speech from background noise and using peripheral vision.

Diagnostic relation

No direct, but Autistics often have differences in perception.

Your group score: 9.7 of 10 (above average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
119	Do you suddenly feel distracted by distant sounds?	2	1.70	0.00
120	Do you have difficulties filtering out background noise when talking to someone?	2	1.70	0.00
121	Do you dislike when people walk behind you?	2	1.92	0.00
122	Are you bothered by clothes tags or light touch?	2	1.70	0.00
123	Are you hypo- or hypersensitive to physical pain, or even enjoy some types of pain?	1	0.75	0.85
124	Do you have extra sensitive hearing?	2	1.49	0.00
125	Are your eyes extra sensitive to strong light and glare?	2	1.70	0.00
126	Are you sensitive to changes in humidity and air pressure?	2	1.49	0.00
127	Do you dislike it when people stamp their foot in the floor?	2	1.28	0.00
128	Do you instinctively become frightened by the sound of a motor-bike?	2	1.06	0.00
			15 / 16	1 / 11

Aspie-quiz

Neurotypical perception

This group contains neurotypical motor abilities and perception traits. The absence of these traits is often referred to as clumsiness. A key trait is the ability to interpret spatial information (e.g. judging distance, speed and acceleration; keeping track of positions of objects; predicting motion; concept of time; optimal pressure to apply). The absence of these skills leads to secondary problems (e.g. poor fine and gross motor skills; poor body awareness; poor body control; problems with ball sports; poor hand-eye coordination; poor balance; poor handwriting; dropping things).

Diagnostic relation

A low score is related to Dyspraxia.

Your group score: 0.1 of 10 (below average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
129	Do you have poor awareness or body control and a tendency to fall, stumble or bump into things?	2	1.49	0.00
130	Do you have difficulties imitating & timing the movements of others, e.g. when learning new dance steps or in gym class?	2	1.70	0.00
131	Do you misjudge how much time has passed when involved in interesting activities?	2	1.28	0.00
132	Do you find it hard to tell the age of people?	2	1.49	0.00
133	Do you have difficulties judging distances, height, depth or speed?	2	1.28	0.00
134	Do you have difficulties with activities requiring manual precision, e.g. sewing, tying shoe-laces, fastening buttons or handling small objects?	2	0.85	0.00
135	Do you have problems finding your way to new places?	2	1.49	0.00
136	Do you have problems recognizing faces (prosopagnosia)?	2	1.06	0.00
137	Do you have a good sense of how much pressure to apply when doing things with your hands?	0	0.00	0.00
			11 / 11	0 / 11

Aspie-quiz

Environment

This group contains traits that seem to be of environmental origin. Typical traits are related to stress and overload (e.g. shutting down; having a meltdown) and consequences of not fitting in (e.g. depression; being bullied; being taken advantage of; low self-esteem; suicidal thoughts; harming oneself; mood swings).

Diagnostic relation

A high score is related to many psychiatric diagnoses and is sometimes required in order to get a diagnosis.

Your group score: 9.9 of 10 (above average).

Detailed information about overall Aspie and neurotypical scoring

No	Question	Choice	Aspie	NT
138	Has it been harder for you than for others to keep friends?	2	1.70	0.00
139	Do you tend to shut down or have a meltdown when stressed or overwhelmed?	2	1.92	0.00
140	Has it been harder for you to make it on your own, than it seems to be for most others of the same age?	2	1.49	0.00
141	Are you sometimes afraid in safe situations?	2	1.49	0.00
142	Do you have difficulty accepting criticism, correction, and direction?	2	2.13	0.00
143	Are you prone to getting depressions?	2	2.13	0.00
144	Have you been bullied, abused or taken advantage of?	2	2.13	0.00
145	Are you impatient and have low frustration tolerance?	2	2.13	0.00
			15 / 15	0 / 6